



NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICES ORGANIZATION

Provider Bulletin October 2022

WEBSITE LINKS:

Numbered Memorandum

<https://www.nsbhaso.org/memorandums>

Data Dictionary

<https://www.nsbhaso.org/data/dict>

Forms & Reports

<https://www.nsbhaso.org/form-reports>

Policies

<http://www.nsbhaso.org/policies>

Brochures

www.nsbhaso.org/brochures

HCA Customer Service

<https://www.hca.wa.gov/health-care-services-supports/apple-health-medicare-coverage/apple-health-managed-care>

Contact Us:

North Sound Behavioral Health Administrative Services Organization

2021 E. College Way, Suite 101

Mount Vernon, WA 98273

360.416.7013 1.800.684.3555

FAX: 360.899.4754

800.684.3555 x 617



compliance_officer@nsbhaso.org

DISCHARGE PLANNER TOOLKIT

Access to housing is one of the most common barriers to discharge from the inpatient setting. Unfortunately, this often leads to patients being discharged back onto the streets without adequate housing. The Washington State Healthcare Authority (HCA) has created the Discharge Planner Toolkit to support discharge planners, case managers and other staff in connecting patients with appropriate housing resources in their area. The toolkit provides both an electronic decision tree as well as a comprehensive list of available resources. The electronic decision tree easily allows staff to identify resources appropriate for the individual patient based on their specific circumstances.

[Read the HCA's full announcement online here to learn more.](#)

MOBILE RESPONSE AND STABILIZATION SERVICES (MRSS) FOR CHILDREN, YOUTH AND FAMILIES

North Sound BH-ASO is excited to announce that Compass Health was awarded the contract for new Child, Youth and Family Crisis Teams (CYFCT) in Whatcom, Skagit, and Snohomish Counties. MMRS is a child and family specific crisis intervention model that recognizes the developmental needs of children, young adults, parents, and care givers. CYFCT will provide initial crisis response and ongoing stabilization support that offers the community an upstream intervention that recognizes the family's sense of urgency and focuses on shifting pathways from higher intensity services. Compass Health's CYFCT will be a significant enhancement to our existing care crisis continuum. More information will be provided as the program is developed and implemented over the coming year.

STOPOVERDOSE.ORG PROJECT

[Stopoverdose.org](http://stopoverdose.org) is a project of the Center for Community-Engaged Drug Education, Epidemiology, and Research (CEDEER) at the University of Washington Addictions, Drug & Alcohol Institute (ADAI). It is funded by the WA State Health Care Authority, Division of Behavioral Health and Recovery and offers excellent educational information for individuals, professionals, and communities in Washington State who want to learn to prevent and respond to overdose, and improve the health of people who use drugs.

Click [here](#) to access the stopoverdose.org "What's up with fentanyl?" handout.



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BH-ASOs ADOPT 2023 LEGISLATIVE PRIORITIES

The state association of Behavioral Health Administrative Service Organizations [BH-ASOs] have adopted the following legislative priorities for the 2023 Legislative Session:

1. Ensure adequate and sustainable funding for the expanded crisis system, including the 988-line, Regional Crisis Lines, and Mobile Crisis Outreach Teams.
2. Increase state requirements for and monitoring of Managed Care Organizations' "network adequacy" for behavioral health services.
3. Provide sustainable provider rates for both Medicaid and non-Medicaid services.
4. Provide adequate and targeted funding to reimburse Superior Courts for all the costs associated with Involuntary Treatment Act hearings.

RECOVERY NAVIGATOR PROGRAM (RNP)

RNP has been implemented in the North Sound Region. The program is designed to function as a diversion option for law enforcement in lieu of arrest for minor crimes, in addition to providing community-based outreach to youth and adults with substance use disorder (SUD), including persons with co-occurring substance use disorders and mental health conditions. The primary function of RNP is connection and stabilization with respect to a variety of social determinants/vulnerability factors. Individuals referred to the program will benefit from care coordination and connections to a broad range of community resources including SUD/MH treatment and recovery support services. There are two types of referrals into RNP: point of contact referrals by law enforcement and social contact referrals by law enforcement, service providers, community members, and friends/family. For more information, email James Dixon at james.dixon@nsbhaso.org

Contract providers for North Sound RNP:

Island County - Island County Human Services

San Juan County - Compass Health

Skagit County - Community Action of Skagit County

Snohomish County – Snohomish County Law Enforcement Assisted Diversion (LEAD)

Whatcom County - Whatcom County LEAD

REGIONAL CRISIS TRAINING MODULE

North Sound BH-ASO has updated our Regional Crisis Training Module for 2022. The training module can be accessed through the Relias Training platform or available on our provider training resource page:

<https://nsbhaso.org/for-providers/trainings>

OFFICE OF BEHAVIORAL HEALTH ADVOCACY

Effective October 1, 2022, the Office of Behavioral Health Advocacy (OBHA) replaced the regional Ombuds services. OBHA provides behavioral health advocacy services to individuals needing access to and current recipients of behavioral



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health services in Washington State. We encourage all providers to review and determine impacts and changes that may be required to policies, procedures, and forms.

Office of Behavioral Health Advocacy

<https://www.obhadvocacy.org/>

Phone: 800-366-3103

OBHA Brochure ([click here](#))

OBHA Advocacy Poster ([click here](#))